



# July 9 – 25

## Support the Allen Community Outreach Kids Summer Food Program

For children whose household resources are limited, the Free and Reduced-Price Meal Program at public schools helps provide a healthy breakfast and lunch every school day.

**But what happens when children are out of school for the summer?**

*Allen Community Outreach* provides children in need with bags of healthy, easy-to-prepare breakfast and lunch foods through the annual *Kids Summer Food Program*. **We can help the ACO keep their shelves stocked!**

### Items needed:

- Low Sugar Breakfast Cereal
- Low Sugar Instant Oatmeal
- Granola Bars
- Dried Fruit and Nut Trail Mix
- Juice Boxes
- Shelf-Stable Milk and Almond Milk Boxes
- Low Sodium Pull-Top Soups
- Canned Pasta Meals like Ravioli
- Macaroni and Cheese Cups
- Shelf-Stable Pudding Cups
- Fruit Cups
- Peanut Butter and Jelly

**Before donating, inspect your items for the following –**

**no expired items; must be unopened, un-dented and non-perishable, please.**

***Drop off your food items inside Parker City Hall***

Sponsored by *the Parker Women's Club* 